



RETHINKING MENTAL HEALTH
A MULTIDISCIPLINARY FORUM

SATURDAY, AUGUST 25

This year's Symposium program provides LMFTs, LPCs, and all Provisional Licensees with 6 (six) approved CEHs in diagnosis.

Brown Bag Networking Breakfast

9:00 am

Register or sign in for the Symposium, network with your colleagues, and enjoy the Sainte Terre porch or veranda. Pick up your breakfast on the way and we will provide the coffee, tea, and orange juice!

Rethinking Mental Health

9:30—10:00 am

Tom Moore, MA, M.MFT, LPC-S, LMFT-S

The Director of the Red River Institute introduces the theme for the day and provides a revealing look at where our profession has been, where it now, and the trends that are currently reshaping our view of "diagnosis and treatment."

Lifestyle As Medicine: Advances in Reversing Chronic Illness

10:00—11:00 am

Julie Hartley, RD, LDN, CHHC

Julie Hartley, Registered Dietician, talks about health from a holistic standpoint and how that perspective has shaped her view of illness and healing and informed the outcomes she is achieving with her clients.

Beauty & The Beast: Aesthetics & Opioid Treatment

11:05—11:05 pm

Dr Cheryl Smith, MD

Dr. Cheryl Smith, MD, discusses her work with patients struggling with addictive impairment and some universal truths she has learned about the roots of emotional and psychological suffering and healing.

MORNING PROGRAM: 2.5 CEHS IN DIAGNOSIS

Lunch Buffet

12:00—12:35 pm

Enjoy a delicious baked potato bar with an assortment of toppings and trimmings like you have never experienced! A myriad of choices for carnivores and vegetarians complete with beverage.

The Second Brain: The Mind-Gut Connection

12:35-1:35 pm

Dr. Nicole Cotter, MD

Dr. Nicole Cotter, Director of the Center for Integrative Medicine in Shreveport, explores new research that reveals the intimate connection between the brain and the digestive system and how that connection is reshaping our view of disease and wellness at all levels.

Rethinking Mental Health Treatment: The Customer Is Always Right

1:40-2:40 pm

Tom Moore, MA, M.MFT, LPC-S, LMFT-S

Maintaining our relevance as a profession is going to require a revolution in the way we as healers think about the relationship between ourselves and our clients. A consumer model of consultation is proposed that could transform our notions of what it means to “diagnose and treat.”

Forum: Rethinking Mental Health Treatment— New Imperatives for the 21st Century

2:50—4:20 pm

Dr. Nicole Cotter, MD

Julie Hartley, RD, LDN, CHHC

Dr. Cheryl Smith, MD

Our distinguished panel engages each other and Symposium participants in a dialogue about how our health care system must be transformed to meet the changing needs of the consumers of our services and what we can do as mental health professionals to bring about that transformation.

MORNING PROGRAM: 3.5 CEHS IN DIAGNOSIS

WRAP-UP & CLOSE

4:20 pm